

# Iowa Society for Hospital Preparedness and Emergency Managers

Tuesday, March 19



## PROGRAM OVERVIEW

The Iowa Society for Hospital Preparedness and Emergency Managers' spring conference provides education about several topics, including:

- Emergency communications.
- Relation building.
- Training exercises.
- Workplace violence.

Participants also will have the opportunity to network with colleagues.

## PROGRAM AGENDA

**8:30 a.m. Registration and breakfast**

**9 a.m. Welcome**

*Jared Zimmer, Paramedic, Iowa Specialty Hospitals and Clinics, and ISHPEM President, Belmond*

**9:15 a.m. Enhancing Safety and Security Measures in Health Care: Strategies for Protecting Health Care Professionals**

*Jason Grellner, Vice President and Head of Healthcare, Evolv Technology, Waltham, Massachusetts*

In recent years, there has been a notable escalation in incidents of workplace violence in U.S. health care facilities. About half the members belonging to the American College of Emergency Physicians and the Emergency Nurses Association have reported encountering some form of violence in their professional environments. This figure surges to 70% among emergency department nurses. Given these compelling statistics, it's imperative to safeguard the work environment of our health care professionals. Grellner will discuss:

- Elevating security measures and enhancing emergency response protocols.
- Evaluating the substantial impact of comprehensive safety training for the workforce.
- Harnessing the potential of artificial intelligence in preparing and responding to active threats.
- Leveraging effective situational awareness techniques.
- Safety and security best practices in health care.

Learning objectives:

- Better harness technology and training for improved safety.
- Gain a better understanding of the scope of workplace violence in health care.
- Learn the implementation of security and emergency response best practices.

**10:15 a.m. Break**

**10:30 a.m.**

**“I Know a Guy ...”**

*Christopher Blomgren, M.S., B.S., A.D.N., RN, Katmai Solutions, Kahoka, MO*

Blomgren will investigate the creation of non-disaster relations and collaborative efforts before disasters to form partnerships that provide higher-quality response and recovery efforts through relations, training, and discussion- and operations-based exercises. This presentation will include real-world examples from the professional and personal perspectives of the importance of these relations. The presentation will culminate in an interactive, moderated discussion for participants to ask questions and offer personal anecdotes about their facilities and agencies. Participants will leave with ideas, inspiration and anecdotal evidence about the importance of creating non-disaster relations.

Learning objectives:

- Demonstrate an understanding of the “I Know a Guy ...” idiom and its importance in disaster, emergency response and recovery efforts.
- Discuss applying the “I Know a Guy ...” philosophy to their home agencies and facilities.
- Understand real-world applications of collaboration in training and exercises that helped in disaster activities.

**11:30 a.m.**

**ISHPEM business meeting**

**11:45 a.m.**

**Lunch break with districts**

**12:45 p.m.**

**Disaster Exercise in Health Care: How to Meet Requirements Efficiently and Effectively**

*Kristine Sanger, Director of Training and Exercise Programs, Center for Preparedness and Emergency Response Solutions, University of Nebraska Medical Center's College of Public Health, Omaha, Nebraska*

As a health care emergency manager, does it feel like most of your time is spent working on an exercise, conducting an exercise or writing an exercise report only to feel like this might not be enough for inspectors? In this presentation, Sanger will address the exercise requirements of various regulatory agencies for health care facilities and how to meet them. She'll discuss the pros and cons of acceptable exercises for your organization, help brainstorm some of the best options, share ideas and get started on exercises that meet requirements and prepare staff for the worst-case scenario.

Learning objectives:

- Describe the significant benefits of the Homeland Security Exercise and Evaluation Program's exercise types.
- Determine the most immediately beneficial exercise for your organization.
- Write exercise objectives with purpose and clear goals.

**1:45 p.m.**

**Break**

**2 p.m.**

**Disaster Exercise in Health Care Continued**

**3 p.m.**

**The Emergency Communication Rule of Right**

*Kristopher Mattson M.A.S., CEM, MEP, Director of System Safety and Emergency Management, Children's Healthcare of Atlanta*

The emergency management field repeatedly finds communications near the top of every after-action report despite years of constant attention, extensive funding and groundbreaking technological advancements. This interactive discussion will present a simple approach to emergency communications that provides an emergency manager with five rules for the foundation for even the most-complex emergency communications. This discussion will include real-world examples that every health care facility has or will experience to allow learning from one another and visualizing how these steps can be implemented in your program.

Learning objectives:

- Learn the five rules of emergency communication.
- Show how these rules can be implemented.

**4 p.m.**

**Adjourn**

## SPEAKERS

**Chris Blomgren** retired from the volunteer fire service and public emergency management service after 30 years of public service. During Blomgren's tenure with Kahoka and Clark County fire and emergency management agencies, he created interagency training and exercise plans incorporating hundreds of participants from rural Missouri annually. Additionally, as a volunteer leader with Team Rubicon, Blomgren designed the organization's first full-scale mobilization exercise incorporating dozens of agencies and over 100 volunteers. This event set the standard for preplanned events. He consults with health care facilities about rural health care preparedness, focusing on partnerships, planning and exercises. Blomgren holds an associate degree in nursing, a bachelor's degree in psychology and a master's in emergency preparedness. He has completed the Master Exercise Practitioner Program and National Emergency Management Advanced Academy and is enrolled in the Federal Emergency Management Agency's Emergency Management Executive Academy.

**Jason Grellner** brings a wealth of experience in public safety to his role at Evolv Technology. Before joining the company, Grellner held positions with Mercy Healthcare, including executive director and director of the public safety ministry. During his tenure, he implemented innovative programs and sophisticated technological solutions to ensure the safety and security of staff and patients. With a career spanning 27 years, Grellner was a distinguished lieutenant with the Franklin County (Missouri) Sheriff's Department in various divisions, including detectives, narcotics, civil process and the courthouse.

**Kristopher Mattson** is the System Safety and Emergency Management director at Children's Healthcare of Atlanta. Mattson oversees a team of emergency management staff and campus safety managers. He also supports the state as the coordinator for the Specialty Coordinating Hospital, which works with Georgia's five pediatric health care facilities and 13 regional health care coalitions to prepare for pediatric emergencies. Before joining Children's Healthcare of Atlanta, Mattson had over a decade of emergency management experience with a jurisdictional program in Pennsylvania, managing a regional program for an international consulting company and the preparedness program for the country's eighth-largest mass transit system. He's an adjunct professor for a higher education institution in Pennsylvania, where he delivers emergency management administration classes to undergraduate students. Mattson is certified at the federal and state levels to provide numerous Federal Emergency Management Agency training classes.

**Kristine Sanger** is the director of training and exercise programs at the Center for Preparedness and Emergency Response Solutions with the University of Nebraska Medical Center's College of Public Health. Sanger is primarily responsible for developing exercises and education to help Nebraska hospitals, long-term care facilities and responding agencies prepare for disasters. She has been trained in health care business continuity through DRI International and is a certified health care provider continuity professional. Sanger has 13 years of health care experience, which includes working as an infection control and patient safety specialist in small and large hospitals, an embryologist in an assisted-reproductive technology clinic and a medical technologist in a large clinical laboratory in the blood banking, chemistry and microbiology departments. She received her Bachelor of Science in medical technology from the University of South Dakota. Sanger is affiliated with the Association for Professionals in Infection Control and Prevention, Omaha Metropolitan Medical Response System, DRI International, and the American Society of Clinical Pathology.

## REGISTRATION

Register online at [www.ihaonline.org](http://www.ihaonline.org).

- ISHPEM or IHA hospital members – \$50
- IHA associate members – \$175
- Non-IHA members – \$350



## LOCATION

### In-person

IHA Conference Center, 100 E. Grand Ave., Suite 100, Des Moines.

- If you have dietary restrictions or allergies, email [iharegistration@ihaonline.org](mailto:iharegistration@ihaonline.org).
- Dress for the conference is business casual. Layered clothing is recommended for your comfort.

### Virtual

This program also will be available through Zoom. Auto-generated captions (live transcription) will be available for virtual attendees.

## MATERIALS AND RECORDINGS

This is a paperless conference. IHA will email conference materials when available.

## LODGING

IHA has a discounted corporate rate that attendees can use for overnight accommodation. The discounted rate is offered to IHA event attendees on "non-last room" availability, meaning there are times when this rate will not be available because of high demand. Book early if you think you may need arrangements. When calling, please reference the corporate ID:

### Staybridge Suites Des Moines

Corporate rate: \$133/night plus taxes

515-280-3828

Corporate ID No.: 786828419

### Downtown Des Moines AC Marriott

Corporate rate: \$174/night plus taxes

515-518-6060

Corporate ID Code: 3QR

## CONTINUING EDUCATION

The Iowa Board of Nursing has approved the Iowa Hospital Association as provider No. 4 of continuing education for nurses. Participants are eligible for 4.0 contact hours if they attend all sessions. Partial credit will not be granted. Participants can submit evaluations for this event to the Iowa Board of Nursing.

## CANCELLATION/REFUND POLICY

- Cancellations and substitutions are welcome anytime. Email cancellations and substitution requests to [iharegistration@ihaonline.org](mailto:iharegistration@ihaonline.org).
- IHA will refund cancellations received 10 or more business days before the conference.
- IHA will charge a \$50 administrative fee to cancellations received six to nine business days before the conference.
- IHA will not refund cancellations received five or fewer business days before the conference.
- IHA will calculate refunds by the date received and the IHA business days remaining before the conference.
- IHA may cancel the conference because of low enrollment. If so, IHA will notify preregistered participants and provide full refunds.

## ADA POLICY

IHA does not discriminate in its educational programs based on race, religion, color, sex or disability. IHA wishes to ensure no one with a disability is excluded, denied services, segregated or treated differently than others because of the absence of auxiliary aids and services. If you need the auxiliary aids or services identified in the Americans With Disabilities Act to attend this conference, call IHA at 515-288-1955, or write to the IHA Education Department.