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Thursday, Feb. 11, 2021

Today's headlines:

- [Nominate your heroes today!](#)
- [Virtual series looks at understanding and maximizing happiness and well-being](#)
- [Associations release COVID-19 vaccination public service announcement](#)

Nominate your heroes today!

Since 2007, IHA's Hospital Heroes program has celebrated employees who have acted courageously in a moment's crisis or who have selflessly served their hospitals and communities throughout their careers. Last year, IHA recognized all hospital employees for their heroic efforts during the COVID-19 pandemic and in response to the derecho windstorm in August 2020. For 2021, IHA will return to recognizing 10 hospital employees at the Annual Meeting who exemplify the passion and purpose of the community hospital mission every day.

Click [HERE](#) to nominate a hospital hero by **Friday, April 30**.

Virtual series looks at understanding and maximizing happiness and well-being

With record-high rates of burnout, turnover and disengagement in health care, these challenging times require resiliency more than ever. By incorporating and modeling compassion, engagement and kindness, work-life culture can shift to less burnout, greater retention and restoration of happiness, well-being and purpose.

The Power of You: Understanding and Maximizing Happiness and Well-Being is an 11-part virtual series designed to help transform employees into better caregivers and colleagues, which translates to improved patient satisfaction and bottom lines. Presenters will provide specific, practical skills to handle chaos, remain engaged and make the most of the joy in work and personal lives.

Each session will be 30-45 minutes long. Recording will be available for registered attendees to share with their colleagues. Registration will be accepted at any point throughout the series.

Click [HERE](#) for more information.



Associations release COVID-19 vaccination public service

announcement

The American Hospital Association, American Medical Association and American Nurses Association have released a [public service announcement](#) urging the American public to get the COVID-19 vaccination when it is their turn. The announcement stresses that COVID-19 vaccines are safe, effective and help us all as we work together to defeat COVID-19. The effort continues the work the three associations have done over the past year to increase public acceptance of the essential actions to curb the spread of COVID-19, which also include: wearing a mask, practicing physical distancing and washing hands frequently.

NewsStand

Iowa news

- [Gov. Kim Reynolds defends decision to lift mask mandate, other COVID-19 restrictions](#)
- [How three Iowans are working to drive down Black maternal mortality](#)
- [Iowa ranks near bottom in COVID-19 vaccine administration](#)

National news

- [CDC urges states not to lift pandemic restrictions](#)
- [Cold reality dawns that COVID-19 is likely here to stay](#)
- [Report shows improvement in telehealth reimbursement policies](#)

Click [HERE](#) to read all of NewsStand.

Upcoming events

- [Quality Assessment and Performance Improvement Program](#): Tuesday, Feb. 16.
- [COVID-19 and CEO Turnover: What's a Board to Do?](#): Wednesday, Feb. 17.
- [The Power of You: Understanding and Maximizing Happiness and Well-Being Virtual Series](#): Thursday, Feb. 18-Thursday, Dec. 16.
- [Physician Business Leadership Certification Program](#): Tuesday, Feb. 23-Tuesday, Aug. 10.
- [2021 Virtual Hospital Day on the Hill](#): Wednesday, Feb. 24.
- [Wage Index: Strategies and Trends in Iowa](#): Thursday, Feb. 25.
- [Iowa Rehabilitation Managers Virtual Spring Conference](#): Thursday, March 4.
- [Special Governance Issues for Public Hospitals](#): Wednesday, March 10
- [Common Life Safety Code Deficiencies](#): Tuesday, March 16.
- [Iowa Society for Health Care Human Resources Association Virtual Spring Conference](#): Wednesday, April 28-Thursday, April 29.
- [Governance Webinar Series](#): Tuesday, May 11- Tuesday, Nov. 16.



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